



Summer is now in full swing, and it feels as though the months are moving quickly. With school holidays and summer breaks now upon us, this time of year can bring a different rhythm for many people working across health and social care services.

For parents and carers, balancing childcare arrangements, family commitments, and the responsibilities of a demanding role can sometimes feel particularly challenging. Many teams are also navigating changing routines, supporting colleagues who are taking annual leave, and ensuring continuity of care during periods where usual patterns may look different.

As we move through the summer, recognising the different pressures people may be carrying helps us continue to approach one another with understanding, compassion, and kindness across teams. During busy periods, it can be easy to focus on what still needs to be done rather than recognising the flexibility, resilience, and care that goes into balancing multiple responsibilities.

Being kind to one another, and to ourselves, is more important than ever. Organisations that foster supportive workplace cultures, where colleagues feel understood and valued during busy periods, are often better placed to retain strong, resilient teams. Sometimes, the small acts of patience, flexibility, and understanding shown throughout the summer can make a meaningful difference long after the holidays have ended.



Summer may only just be getting started, but for many families, professionals, and education teams, thoughts of the new school year may already be beginning to emerge.

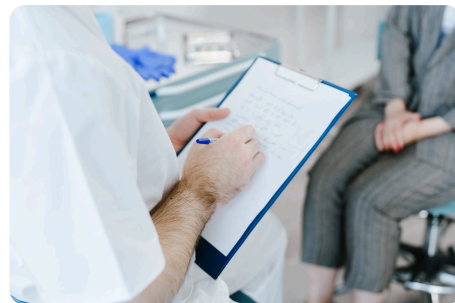
Transitions back into education can bring a mixture of excitement, uncertainty, and emotional challenges,

particularly for children and young people who may need additional support with change, routines, and regulation.

A positive start to the school year can have a lasting impact on a child's confidence, wellbeing, and engagement. Taking a therapeutic approach can help create environments where children feel understood, supported, and better able to navigate periods of change.

This upcoming webinar on [Therapeutic Approaches for a Successful Start to the School Year](#) offers professionals supporting children and young people an opportunity to explore practical strategies, reflect on relationship-based approaches, and consider how emotional wellbeing and connection can help make the transition back to school a more positive experience.

For those involved in **advance care planning**, having the confidence to approach sensitive conversations with compassion and clarity is an important part of delivering person centred care, particularly when supporting individuals with complex or changing needs.



These discussions help ensure that care remains personalised, respectful, and aligned with what matters most to each individual, while supporting informed decision making and clear communication across care teams.

Hospiscare are hosting an upcoming session focused on [Advance Care Planning and Treatment Escalation Plans](#), offering professionals an opportunity to strengthen their understanding, reflect on best practice, and explore approaches that support thoughtful conversations and compassionate decision making within care settings.



On August 28th, **Makaton International Awareness Day** shines a light on a valuable communication tool that supports understanding, connection, independence, and the ability for people to express their thoughts, feelings, and choices.

Within health and social care, communication is at the heart of building trusting relationships. Even learning some basic Makaton can make a meaningful difference, helping someone feel more comfortable, reducing frustration, and creating opportunities for connection when spoken communication may be difficult.

If you already have strong Makaton skills, do not underestimate their value. Highlighting your ability to communicate using Makaton, for example on your CV or LinkedIn profile, demonstrates an additional skill that can make a real difference to the people you support. For many employers, it reflects a commitment to inclusive, person centred care and a willingness to adapt communication to meet individual needs, even if the people currently supported by their service do not require Makaton.

Medication compliance can sometimes present complex challenges, particularly when balancing regulatory expectations with the realities of providing person centred care in busy environments. Ensuring safe medication management requires clear processes, accurate documentation, effective communication, and a clear understanding of both best practice and CQC expectations.



Croner have a recorded session focused on [Exploring the Challenges of CQC Medication Compliance](#), offering professionals an opportunity to reflect on current practice, strengthen their understanding of regulatory requirements, and explore practical approaches that support safe, effective medication management while maintaining high standards of care within their services.



National Grief Awareness Day on 30th August offers an opportunity to reflect on how we continue to approach loss with empathy, understanding, and person centred support.

Within the care sector, grief can sadly be a significant part of many roles.

You may support individuals and families experiencing loss, while also managing your own emotions when you have developed meaningful relationships with the people you care for. Having the confidence to acknowledge difficult emotions, offer reassurance, and provide compassionate communication can make a meaningful difference during some of life's most challenging moments.

It is also important that staffing teams know what support is available to them. Experiencing grief, whether in a professional capacity or within personal life, can affect everyone differently. Having open conversations with managers, colleagues, or wellbeing teams can help ensure people feel supported rather than having to navigate difficult periods alone.

Understanding that grief is personal and does not follow a set timeline can help create environments where people feel listened to, respected, and supported.

Workplaces where people feel able to talk about their wellbeing, access appropriate support, and take time when needed are an important part of building compassionate and resilient care teams.

[This blog about supporting colleagues who are grieving may be a helpful read.](#)

International Youth Day on August 12th is an important time to recognise the many challenges, risks, and opportunities young people currently face. This includes mental health challenges, social media and online safety, educational expectations, financial pressures, inequality, and access to appropriate support.



For professionals working with children and young people, it is a reminder of the impact that positive relationships, consistent support, and person centred approaches can have on development and wellbeing.

Creating environments where young people feel respected and understood is an important part of effective care and support. Listening to young people's voices,

recognising their individual experiences, and involving them in decisions about their lives can help strengthen confidence, connection, and positive outcomes.

[International Youth Day](#) offers a valuable opportunity to reflect on how we continue to support young people, ensuring their needs, aspirations, and experiences remain at the heart of the care provided.

🌟 Job of the Month 🌟

Registered Manager (Children's Residential Care – Ofsted Regulated)

📍 Dudley | 💷 £50,000 – £60,000 | 🕒 Full-time

Our client is a values-led children's residential care provider committed to creating homes where children and young people feel safe, understood, and supported to reach their potential. Their approach is built around four core values: compassion, respect, consistency, and growth, ensuring that every child receives care shaped around their individual needs, experiences, and aspirations.

This opportunity offers the chance to lead a 2-bed Emotional and Behavioural Difficulties (EBD) children's residential home, creating a nurturing and stable environment where young people can build confidence, develop independence, and experience positive relationships.

The home is designed to feel warm, calm, and welcoming, with trauma-informed practice at the heart of everyday care. Through consistent support, individualised care planning, and meaningful opportunities for children to share their views, the service focuses on helping young people feel valued, understood, and confident in who they are.

As Registered Manager, you will play a key role in shaping the culture of the home, supporting a team to deliver safe, high-quality care while ensuring strong safeguarding practice, regulatory compliance, and positive outcomes for the children supported. This role requires a leader who can balance operational responsibility with emotional intelligence, someone who understands the importance of consistency, trust, and relationships in creating a home where children and staff can thrive.

You will have the opportunity to develop a reflective, trauma-informed team culture, supporting staff development while driving continuous improvement and maintaining the highest standards of care in line with Ofsted requirements.

This is a role for someone who is passionate about making a meaningful difference, who leads with compassion and accountability, and who wants to create a service where every child feels a genuine sense of belonging. In return, you will join an organisation that is committed to quality care, professional development, and creating environments where both young people

and teams can flourish.

Looking for a new role? Explore all of our latest vacancies [here](#).

 Further reading/watching:

 [Supporting Autistic Children to Regulate Emotions](#)

 [How to use emotional intelligence training for career growth](#)

 Thought for the month:

As Good Care Month comes to an end, we have been reflecting on the many stories shared throughout July celebrating the people, values, and everyday actions that make a difference across health and social care. It has been encouraging to see so much positivity recognising the dedication of those who support others every day, and it reminds us why we are so passionate about recruiting for the sector.

Good care is built through more than policies, procedures, or clinical expertise alone. It is shaped by relationships, trust, kindness, and the desire to help people live well. While knowledge and skills are essential, the people who provide truly exceptional care are often those who have a genuine calling to support others.

It is a privilege to connect organisations with people who bring those qualities to their roles.

As Good Care Month draws to a close, we hope the conversations and stories shared throughout the campaign continue to inspire more compassionate, values-led people to consider a career in care and support. The sector needs skilled professionals, but above all, it needs people who care.

 We'd love to hear from you:

What does good care mean to you, and what small moments have made a meaningful difference in your work or the lives of those you support?

Warm wishes for the month ahead.



Connecting compassionate care providers with skilled professionals to build strong, values-aligned teams that enhance care quality and service outcomes.



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